



Travel Forward in Time

Pretend you are sitting on a front porch in a rocking chair talking to your 100-year-old self. Ask this wise person the following questions. Write down what you think their answer would be.

What should I have done differently in my life?

A large, empty rectangular box with a double-line brown border and decorative, rounded corners. It is intended for the user to write their answer to the question above.

What can I do in the coming years to bring more peace and contentment into my life?

A large, empty rectangular box with a double-line brown border and decorative, rounded corners. It is intended for the user to write their answer to the question above.

What do you love about me?



What are your wishes for me?

